



The four-way view

Assess importance, focus, satisfaction and performance in each domain

| | Importance | Focus | Satisfaction 1=not at all ...10=fully | Performance 1=poor ...10=excellent |
|---------------------------------|------------|-------|--|---------------------------------------|
| Work / Career | % | % | 1 2 3 4 5 6 7 8 9 10 | 1 2 3 4 5 6 7 8 9 10 |
| Home / Family | % | % | 1 2 3 4 5 6 7 8 9 10 | 1 2 3 4 5 6 7 8 9 10 |
| Community / Society | % | % | 1 2 3 4 5 6 7 8 9 10 | 1 2 3 4 5 6 7 8 9 10 |
| Self: Mind, Body, Spirit | % | % | 1 2 3 4 5 6 7 8 9 10 | 1 2 3 4 5 6 7 8 9 10 |
| Overall | 100 % | 100 % | 1 2 3 4 5 6 7 8 9 10 | 1 2 3 4 5 6 7 8 9 10 |