



My Total Leadership Skills

How do you rate yourself with respect to each of the following skills? Next to each of the following write the number (1 to 5) that best describes your assessment of whether you agree or disagree that this skill is a particular strength of yours. Please leave no blanks.

1 = Strongly Disagree | 2 = Disagree | 3 = Neutral | 4 = Agree | 5 = Strongly Agree

Being real: acting with authenticity by clarifying what's important

- _____ 1. I make choices about how to spend my time and energy that match what I really care about.
- _____ 2. I know how important each of the different aspects of my life is to me.
- _____ 3. I tell stories of the key events that have shaped my values in a way that makes me closer to others.
- _____ 4. I have a vision for where I'm headed, the legacy I want to leave, and how to pursue what is most important in life.
- _____ 5. I hold myself accountable for doing what is most important to me in my life.
- _____ 6. I am able to be myself wherever I am, wherever I go. I act in ways that are consistent with my core values.

Being whole: acting with integrity by respecting the whole person

- _____ 7. I look for opportunities to help others and build relationships with many different people.
- _____ 8. I communicate with people important to me about expectations we have of each other, and make sure they are clear.
- _____ 9. I am able to convince people to support me in reaching important goals.
- _____ 10. I use skills and contacts from different parts of my life to help meet needs and goals in other parts of my life.
- _____ 11. I am able to create boundaries between the different parts of my life to help me meet important needs and goals.
- _____ 12. I am able to fit together the pieces of my life so that it has coherence.

Being innovative: acting with creativity by experimenting with how things get done

- _____ 13. I'm willing to question old ways of doing things and try new ways of managing the demands of different roles in life.
- _____ 14. I focus on the results of my attempts to get things done rather than on how much time I spend and where I do things.
- _____ 15. I see change in my life as occasion for opportunity. I look forward to it rather than fear it.
- _____ 16. I look for opportunities to show others how I'm learning new ways of doing things and encourage them to innovate.
- _____ 17. I seek creative solutions to conflicts to meet goals in different parts of life rather than sacrificing one part for another.
- _____ 18. I challenge traditional assumptions about how things are done, experimenting to make things better whenever possible.